

National Day of Prayer for Dementia 19th March 2011



This Day© is the initiative of the
Pastoral Care Project Charity no 1094766

Pray and Share a Meal Together



"The peace and joy of sharing with others
has been a real time of healing."

- We invite you to make use of our Prayer Card at any meal time. This may be an opportunity to think about and share the different ways dementia affects the person and their family.
- For example, the person with dementia may have reduced **Sense** of Taste, so it is important to consider this.
- The visual **Sense** can be affected whereby the food may look dull and unappetising; so it is important to consider interesting colours
- The **Sense** of touch and the texture. Therefore it is important that food is presented in easily manageable portions. As dementia progresses the person may need assistance as they may forget how to eat or that they have eaten at all.
- **Consider** the needs of the full time **Carer**, they may neglect their own mealtime and so it is important to consider their wellbeing.

The Pastoral Care Project resources - Quiet Days for Carers would enable any church, community group to offer such Days.

As one carer said,

"The peace and joy of sharing with
others has been a real time of healing.
I return home with new hope and confidence."



From your prayer/meal you may wish to make an offering to the work of the Pastoral Care Project. You too will be raising awareness!

Additional Prayer Cards are available at a cost of 5p each +p&p from
Pastoral Care Project, St Gerard's, Coventry Road, Coleshill B46 3ED
Email pastoralcareproject@gmail.com Tel 01675 434035



