

# *Touched By Music*

***“Music – it opens ones minds and stimulates the senses”***

**‘Touched by Music’** was a talk given at **‘SINGING Cafe -Sounds and Senses Seminar’** run by the Pastoral Care Project in 2010 which highlighted the need to understand the power of music – that it can hurt or heal, as distant a memory or memories are evoked.

The workshops highlighted the need that music relating to the cultural and faith choices of individuals should be supported and noted in care plans.

***“I have long seen the need for a day such as this, thank you”***

This programme produced by the Pastoral Care Project is so worthwhile for anyone wishing to respond prayerfully to those who are no longer able to get to church, as the following experience shows.

‘A lady with dementia I will refer to her as Moira who had very little short term memory. However, she still could and loved to play her keyboard. It was a wonderful experience listening to her playing music; that was obviously precious to her in her younger days – the joy reflected in her eyes as she played dance music in perfect rhythm. She would then ask me to sing hymns with her, once prompted Moira could play her favourite hymns, all from memory. Moira also enjoyed reading and writing; this was not affected by the dementia and receiving prayer cards which she would read again and again.’

If you are a carer or minister perhaps you could think of using music as a positive form of communication.

Email us at [pastoralcareproject@gmail.com](mailto:pastoralcareproject@gmail.com) your findings.



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